

BEING USED WITH PERMISSION FROM THE AUTHOR

Subject: [EMDR] Update on EMDR work in Newtown

Begin forwarded message (with permission):

Hello Colleagues,

I am writing to you with an update about our work in Newtown/Sandy Hook, CT. Our Fairfield County Trauma Recovery Network (TRN), in affiliation with EMDR Humanitarian Assistance Program, have been busy in the Newtown area. Upon request, our TRN EMDR clinicians have been providing treatment (recent events protocols and recent episode protocols) to first responders, children and family members directly impacted by the shooting, and mental health clinicians. There are many different organizations and associations involved in the Newtown community response. Ours has been largely grassroot, spreading via word-of-mouth. This weekend, HAP is providing a Weekend I training for the local Newtown clinicians at the Newtown Youth and Family Services. Our TRN project included offering pro bono sessions to the clinicians taking the training. This has gone very well, and we hope that their exposure to EMDR treatment will both provide resilience and optimize their learning of EMDR. We are building mental health capacity so that the Newtown clinicians can treat their own community members with EMDR. We plan to remain connected to the community with continued clinical and emotional support to the therapists as well as to first responders seeking treatment through our TRN. We feel privileged to help in the healing of the Newtown community with the gift of EMDR.

Thank you to all who have written offering support. It means a lot to all of us.

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